

# Loss of Sensitivity to Morphine Induced by Prolonged ACTH Treatment

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FEKETE, M I K, B KANYICSKA, T. SZENTENDREI AND E STARK *Loss of sensitivity to morphine induced by prolonged ACTH treatment* PHARMACOL BIOCHEM BEHAV 20(6) 879-882, 1984 —The effect of long term ACTH treatment on some actions of morphine were studied. The effect of ACTH administration was compared to that induced by acute dexamethasone injection. ACTH caused a delayed inhibition of the morphine induced increase in growth hormone secretion demonstrable 24 hr after the last hormone injection. The morphine induced increase of striatal DOPAC (3,4-dihydroxyphenylacetic acid) content was also inhibited by ACTH treatment, however, neither the analgesia, nor the hypermotility caused by morphine were affected. Dexamethasone did not alter significantly the responsiveness to morphine. It is concluded that the prolonged exposure to ACTH presumably causes a corticosterone-mediated loss of responsiveness of functionally restricted opiate sensitive mechanisms in the central nervous system

ACTH	Morphine	Growth hormone	Striatal	DOPAC	Motility	Analgesia	Glucocorticoids
Rats							

PROLONGED treatment of rats with ACTH inhibits not only the stress-induced increase of corticosterone secretion [24,25], but also the release of prolactin induced by various noxious stimuli [9]. The effect of ACTH is demonstrable 24 hr following the last hormone injection, when the plasma hormone levels (corticosterone, ACTH, prolactin) of the hormone injected rats are not different from the controls. In a further study it was shown that chronic ACTH treatment also inhibits the decrease of dopamine metabolism in the tuberoinfundibular region and the increase of prolactin secretion produced by morphine [15]. These results have led us to suggest that ACTH, possibly by way of an effect of the central nervous system, induces a decrease of opiate sensitivity.

Morphine is known to induce several well established CNS effects: analgesia, increase of spontaneous motility in rodents [2], augmented striatal dopamine metabolism [12], and increase in corticosterone and growth hormone levels in the peripheral plasma [4, 23, 29]. Interestingly, ACTH has been reported to compete for opiate receptor binding [28] and to influence the morphine-induced changes of prolactin secretion [11] and nociception [13]. The results reported in this study are aimed to clarify how general is the inhibition by ACTH of the effects of morphine.

Since the effects of prolonged ACTH treatment on stimulation-evoked release of ACTH-corticosterone are dependent on the presence of adrenals and are therefore presumably corticosterone mediated [26], we had to differentiate the effects of ACTH from that of an acute glucocorticoid feedback action. For that purpose we have looked at

the possible interactions between morphine and dexamethasone. This glucocorticoid is known to exert an immediate and relatively strong feedback inhibition of the hypothalamo-pituitary-adrenal system [1].

## METHOD

Male CFY random bred rats of 180-220 g body weight were used in this study. The animals, five in each cage, were housed in an air conditioned room (22°C, 60% relative humidity) with regulated lighting (14 hr light, 10 hr dark).

The following experimental groups were employed: (1) Fourteen days treatment with ACTH (IM 3 U/rat, equivalent to 30 µg synthetic ACTH). The measurements were done 24 hr following the last ACTH injection; (2) Two injections of dexamethasone, 400 µg/kg 18 hr and 200 µg/kg 2 hr preceding the measurements. The animals were handled daily for 6 days preceding the experiments; (3) saline treated controls. The controls for ACTH treatment were injected for 14 consecutive days with saline and the measurements were done 24 hr following the last injection. For controls of dexamethasone treatment, handled animals received saline 18 and 2 hr before the measurements.

Twenty four hours before the measurements random groups were formed and pairs of the rats receiving the same treatment were housed in plastic cages. A group of each rats treated as described above received saline at the time of measurements and served as intact control of the given pretreatment. The others received morphine SC.

The animals were killed by decapitation and the trunk

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blood was collected in heparinized tubes for hormone determinations. The plasma samples were stored at  $-20^{\circ}\text{C}$  until assayed with radioimmunoassays. NIAMDD material was used for the growth hormone assay, using GH-RP-1 as reference preparation. The limit of detection was 6–12 ng/ml plasma. The antibody against corticosterone was raised in rabbits in our Institute. The antibody was specific to corticosterone, there was no cross reaction with naturally occurring steroids (aldosterone, gonadal steroids) in the range of physiological concentrations. The limit of detection was 30 nM/l plasma corticosterone.

The striatal 3,4-dihydroxyphenylacetic acid (DOPAC) level was measured radioenzymatically [8]. Brains were quickly removed following the decapitation and the striata were dissected and put on dry ice within 1 min. The tissue samples were homogenized in 0.1 N perchloric acid in a volume of 2 ml/one striatum. The protein content of the homogenates was measured by Lowry's method,  $10\ \mu\text{l}$  of the supernatant was used for the measurement of DOPAC.

The spontaneous motility of individual rats was measured by a Varimex apparatus (Columbs Instruments, OH, USA).

The analgesic effect of morphine was measured in rats by tail flick method [6]. The  $\text{ED}_{50}$  values were determined non-parametrically [19]; two times increase of the latency time was considered as positive analgesic response.

The following drugs were employed: ACTH (Cortrophine-Z<sup>®</sup>), dexamethasone (Oradexon<sup>®</sup>, Organon, Oss, The Netherlands), morphine sulphate (Alkaloida, Tiszavasvári, Hungary).

One or two way analysis of variance for randomized blocks and multiple comparison procedures [7] were used for statistical evaluation. Logarithms of hormone and amine values were used for evaluation.

## RESULTS

### Effects on Corticosterone and Growth Hormone Secretion

Morphine in doses of 2.5–20 mg/kg induced a dose related increase in corticosterone secretion (Fig. 1). ACTH treatment inhibited this response without altering the basal plasma corticosterone levels. In contrast, dexamethasone depressed the basal rate of corticosterone release, the corticosterone levels in all dexamethasone treated groups were less than the determination limit of the radioimmunoassay employed (30 nM/l plasma).

The growth hormone secretion (Fig. 1) exhibited a bell shaped dose-response curve to the increasing doses of morphine. The maximal increase was obtained at the dose of 5 mg/kg. Both phases of this curve were depressed by ACTH pretreatment. Dexamethasone, although it caused a significant ( $p < 0.01$ ;  $F(1,80) = 5.32$ ) decrease in basal growth hormone release, did not interfere significantly ( $(3,80) = 2.14$ ) with the effect of morphine.

### Morphine Induced Analgesia

Morphine increased the tail flick latency between 30 and 90 min following its administration (Fig. 2). ACTH pretreatment had no effect on morphine analgesia. At 60 min the  $\text{ED}_{50}$  value in the controls and ACTH treated rats was 0.82 mg/kg and 0.62 mg/kg, respectively (the difference is not significant  $p > 0.10$ , [19]). The  $\text{ED}_{50}$  value for dexamethasone treated animals was 0.76 mg/kg at the same time (not shown in the figure).

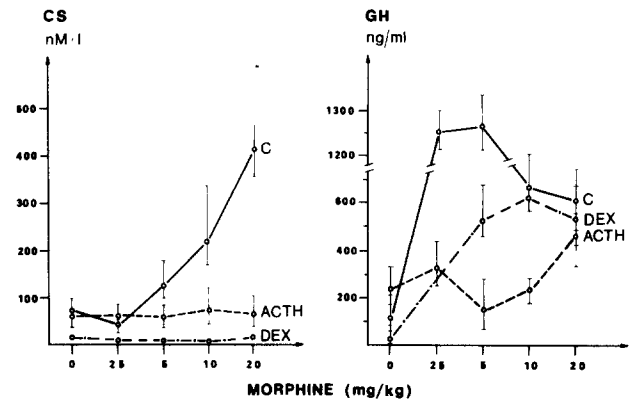


FIG. 1 The effects of increasing doses of morphine (abscissae) on the plasma levels of corticosterone (CS) and growth hormone (GH) in control saline treated (C), dexamethasone (DEX), or ACTH treated rats. Dexamethasone was injected in doses of 200 and 400  $\mu\text{g}/\text{kg}$  SC 2 and 18 hr preceding the measurements. ACTH was injected in a dose of 3 U/rat/day IM daily for 14 days. The controls received the corresponding volume of saline. ACTH and dexamethasone inhibited the effect of morphine on corticosterone at a limit of significance  $p < 0.01$ , the effect of morphine on GH secretion was inhibited only by ACTH at a level of significance ( $p < 0.01$ ). Means  $\pm$  S.E. (vertical bars),  $n = 10$ –12 at each point.

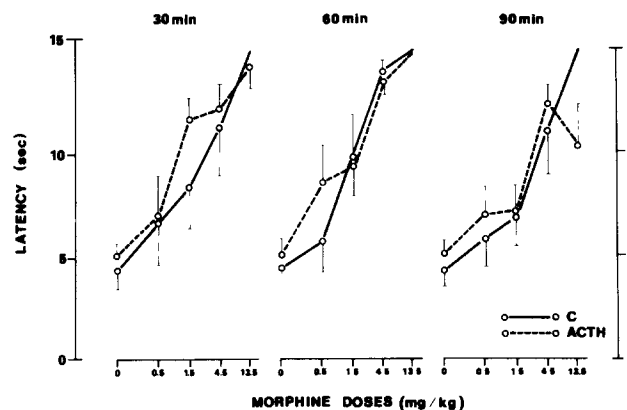


FIG. 2 Tail flick latency as affected by increasing doses of morphine at various times following the treatment, located at the top of the curves, in control (C) and ACTH treated rats. Means  $\pm$  S.E.,  $n = 6$ . ACTH was given in a dose of 3 U/rat IM for 14 days, the controls received saline daily.

### Spontaneous Motility

The motility counts for control saline treated rats measured for one hour (beginning of the measurements 20 min after the injection) was  $104 \pm 27$ . In animals treated with morphine 5 mg/kg SC, the same value was  $194 \pm 38$ . There was no change in this effect of morphine in 14 days. ACTH treated animals ( $124 \pm 24$  versus  $217 \pm 29$  motility counts,  $n = 5$ ).

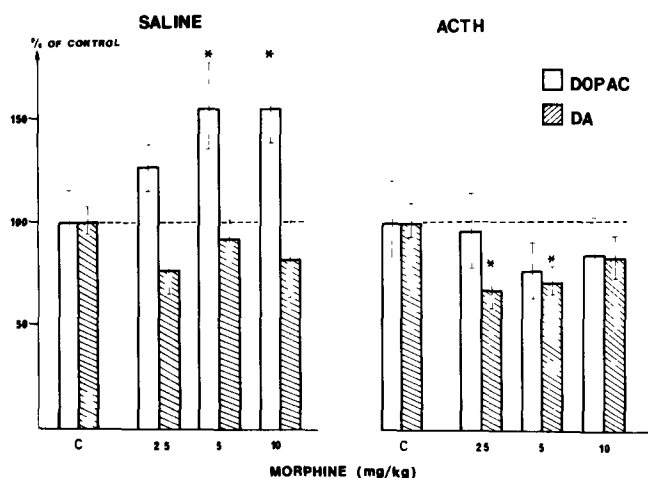


FIG. 3 The changes of striatal dihydroxyphenylacetic acid (DOPAC) and dopamine (DA) levels under the effect of increasing doses (indicated at the bottom of the columns) of morphine in saline and ACTH treated rats. ACTH was given in dose of 3 U/rat daily for 14 days, the controls received the corresponding volume of saline (50  $\mu$ l). The asterisks indicate significant ( $p < 0.01$ ) changes compared to the respective control taken as 100% value. The control values were for DOPAC  $13.2 \pm 1.05$  and  $15.3 \pm 1.32$ ; for dopamine  $65.7 \pm 5.78$  and  $73.4 \pm 8.24$  in saline and ACTH treated group, respectively (ng/mg protein values,  $n=8$ ).

#### Changes in Striatal DOPAC Levels

Morphine in doses of 5 and 10 mg/kg significantly increased the concentration of DOPAC in the striatum. This effect was not demonstrable in ACTH pretreated rats (Fig. 3). Dexamethasone did not alter the effect of morphine augmenting the DOPAC concentration in this brain region.

#### DISCUSSION

Prolonged ACTH treatment inhibited not only the morphine induced increase in prolactin release [15], but also the morphine induced increase of growth hormone and corticosterone secretion. Moreover, long lasting ACTH administration diminished the morphine-responsiveness of the nigrostriatal dopaminergic system in parallel with the inhibition of the decrease of dopamine turnover induced by morphine in the tuberoinfundibular dopaminergic neurons [15].

Surprisingly, neither the morphine induced increase in motility, nor the analgesia were affected by ACTH. One possible explanation of our results could be the increased elimination of morphine by the effect of adrenal steroids on hepatic drug metabolism [27], also suggested by several recent reports [16]. As certain effects of morphine are uninfluenced, while other effects are inhibited by the same hormonal pretreatment, this possibility seems improbable. Similarly, the naloxone like effect of ACTH first suggested by Gispén *et al.* [13] may be excluded at the time of measurements (24 hr following the last injection): As far as the

plasma corticosterone levels are concerned, at that time no effect of ACTH injection could be detected. Plasma corticosterone level is very sensitive indicator in ACTH treated rats, since the hypertrophic adrenals are very sensitive to minute amounts of ACTH.

Both the prolonged ACTH treatment [9] and the acute dexamethasone administration [14] inhibit corticosterone and prolactin secretion induced by various stimuli. Glucocorticoids are reported to inhibit growth hormone release [21]. The inhibitory effect of ACTH on corticosterone release is dependent on the presence of adrenals, and therefore is presumably corticosterone mediated [26]. Similarly the ACTH induced inhibition of morphine's action is not demonstrable in adrenalectomized rats (in preparation). Moreover the effect of ACTH could be mimicked by treatment with a long acting hydrocortisone preparation [10]. In spite of these facts the prolonged ACTH induced inhibition is not similar to steroid feedback action induced by the acute treatment with dexamethasone. The effect of ACTH is demonstrable 24 hr after the last hormone injection, under conditions, when the basal release of hormones (corticosterone, prolactin, ACTH and growth hormone) is apparently unaffected. Dexamethasone, on the other hand, induces a depression of corticosterone, prolactin and growth hormone secretion and does not affect the morphine induced release of prolactin [15,22] and growth hormone (present results).

Morphine may be affecting prolactin release at least partly via the inhibition of tuberoinfundibular dopamine release. The prolonged ACTH treatment caused inhibition of morphine induced prolactin release is possibly mediated by the change in opiate reactivity of dopaminergic neurons [15]. On the other hand, morphine may be acting on growth hormone release possibly by way of an activation of noradrenergic synapses [18]. Our preliminary data suggest that ACTH treatment decreases noradrenaline metabolism in brain areas. We suggest that this effect may be responsible for the action of ACTH on growth hormone secretion.

The inhibitory effect of ACTH pretreatment seems to be restricted to certain actions of morphine. One might suggest that the effects of this trophic hormone are linked to specific opiate receptor subtypes. The receptor subtypes for opiates are well known in the literature [20]. Employing opiate agonists specific to pharmacologically defined opiate receptor subtypes, evidence was presented for the involvement of separate opiate receptors (sigma and delta) for the changes of motility [3], and striatal dopamine metabolism [5]. Our results obtained so far disprove the possibility of a possible receptor specific action of ACTH.

Glucocorticoid treatment is known to inhibit ACTH and  $\beta$ -endorphine release and synthesis in the pituitary [17]. It is possible that the prolonged ACTH treatment affects the synthesis and release of endogenous opioids at least partly by way of prolonged steroid action. Indeed preliminary data (Simonyi *et al.* to be published) show that the prolonged ACTH treatment increases the trypsin-like enzyme activity in the adrenal medulla.

The loss of responsiveness to repeated noxious stimuli is a well known phenomenon. A repeated stressful influence may evoke similar changes to that caused by repeated ACTH injection. Therefore, we propose the hypothesis that one step in the mechanism of adaptation process may be a hormone-induced loss of opiate sensitivity of functionally restricted CNS mechanisms.

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